

## Advancing Urology<sup>TM</sup>

### Telehealth Resources Toolkit From the 2023 Quality Improvement Summit: Tackling Telehealth: Improving Quality and Access by Integrating Virtual Care in Urology

#### **Practical Implementation of Telehealth**

Tips for Implementing a Successful Telehealth Program

#### Schedule telemedicine appointments in Develop and regularly review and update dedicated blocks separate from in-person visits, either at the beginning or end of the telehealth. day. Stagger more complex visits and Train staff on the telehealth platform, selectively offer virtual visits.

Tips for Implementing a Successful Telehealth Program

- Determine telehealth workflow and processes upfront.
- As a practice or institution, determine patient populations or conditions that are appropriate for telehealth vs. in-person visits.
- Develop templates and dot phrases and utilize virtual scribes for virtual visits.

- practice policies and procedures specific to
- workflows, and policies and procedures.
- Provide patients with **clear instructions** for preparing for telehealth appointments, including technology requirements and creating a quiet, private space.
- Regularly assess the effectiveness of the telehealth program through data collection on patient experience, appointment outcomes, and challenges faced.

#### Conditions Appropriate for Virtual vs. In-person Visits

During the Quality Improvement Summit, panel members discussed conditions within their respective subspecialties suitable for virtual and in-person visits. The AUA recommends adhering to institutional protocols concerning suitable candidates for telemedicine. If there is doubt whether the patient is an appropriate candidate for telemedicine, the overall recommendation is to schedule the patient for an inperson visit. In addition, providers should ensure patients and caregivers are aware of the necessity to seek in-person clinician assistance during emergencies

Condition	Virtual	In-person
Erectile	New patient or follow-up	<ul> <li>Intracavernosal injections training</li> </ul>
Dysfunction	Pre-operative (pre-op) visit	<ul> <li>Penile duplex doppler ultrasound</li> </ul>
	Penile rehab	Inflatable penile prosthesis
	Lab reviews	· ·
	Device training	
	Intracavernosal injections re-	
	teaching	
	Counseling	
	Education	
	Referrals	
Peyronie's	Follow-up	New patient visit (need exam/
Disease	History of present illness	curvature assessment for treatment)
	Review treatment options	Physical exam to palpate plaque
	Pre-op visit	Curvature assessment for treatment



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		Collagenase clostridium histolyticum
Hypogonadism	New patient or follow-up     Review labs     Annual follow-ups	<ul> <li>injections</li> <li>New patient visit, especially if the patient also has fertility issues (for the physical exam)</li> </ul>
Ejaculatory Dysfunctions	<ul> <li>Delayed ejaculation         <ul> <li>New patient or follow-up</li> <li>Work up or treatment</li> </ul> </li> <li>Premature ejaculation         <ul> <li>New patient or follow-up</li> <li>Work up or treatment</li> </ul> </li> <li>Hematospermia</li> </ul>	<ul> <li>New patient visit</li> <li>Cystoscopy</li> <li>Transrectal ultrasound (TRUS)</li> <li>Imaging</li> </ul>
Infertility	<ul> <li>Follow-up</li> <li>Review labs</li> <li>Review semen analysis</li> <li>Check-in</li> <li>Discuss next steps</li> <li>Post operative (post-op) varicoceles patients</li> </ul>	New patient (need genitourinary exam)     Follow-up     Vasectomy consultation     Post-op if vasovasotomy (VV), vasectomy reversal, or Microdissection Testicular Sperm Extraction (mTESE) patient     TRUS to evaluate ejaculatory duct obstruction     Post vasectomy semen analysis drop off
Orchialgia	<ul> <li>Follow-up</li> <li>Post-op</li> <li>Refer to pelvic floor physical therapy</li> </ul>	New patient (need genitourinary exam)     Follow-up     Cord block     Imaging
Pediatric	<ul> <li>Prenatal consultations</li> <li>Kidney stone management</li> <li>Voiding dysfunction management</li> </ul>	<ul> <li>Any patient with testicular chief complaints (undescended, missing/vanishing, retractile testes)</li> <li>Any patient with penile chief complaints</li> </ul>
Oncology	<ul> <li>Review pathology results (let patient choose in-person or virtual)</li> <li>Review prostate cancer screening results</li> <li>Post-op nephrectomy, partial nephrectomy, prostatectomy if no issues at discharge</li> </ul>	<ul> <li>Review pathology results (let patient choose in-person or virtual)</li> <li>Intrauterine catheter (IUC) removal</li> <li>Post-op cystectomy (need labs, imaging, exams)</li> </ul>

#### Websites and Resources

- Good "Webside" Manner: Recommendations for Effective Virtual Care (Institute for Healthcare Improvement)
- National Consortium Of Telehealth Resource Centers
- National Telehealth Technology Assessment Resource Center



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- Office for the Advancement of Telehealth (OAT) (Health Resources & Services Administration)
- Telehealth for Providers: What You Need to Know (Centers for Medicare and Medicaid Services)
- Telehealth Resource Center: Guides & Reports (American Medical Association)
  - o Future of Telehealth
  - Remote Patient Monitoring Implementation Playbook
  - o Return on Telehealth: Telehealth Framework for Practices
  - o Telehealth Clinical Education Playbook
  - o Telehealth Implementation Playbook
  - Telehealth Quick Guide
- Telehealth.hhs.gov (Department of Health & Human Services)
  - Best Practice Guides
    - Telehealth and Cancer Care
    - Telehealth for Rural Areas
    - Telehealth Training and Workforce Development
  - o Health Equity in Telehealth
- The American Telemedicine Association
  - o Practice Guidelines
  - o ATA'S Quick-Start Guide to Telehealth During a Health Crisis

#### Telehealth Policy

#### Websites and Resources

- Center for Connected Health Policy (National Telehealth Policy Resource Center)
- Federal Activity (The American Telemedicine Association)
- State Activity (The American Telemedicine Association)
- Telehealth Laws, Regulations & Policies (American Medical Association)
- Telehealth.hhs.gov (Department of Health & Human Services)
  - Telehealth Policy

#### Medico-Legal Considerations in Telehealth

#### Recommended Documentation for Telemedicine Visits

### **Documentation Components**

- Date of the visit
- Consent for visit from patient or patient representative (verbal or written)
- Category for office visit—real-time audio with video or audio/telephone only
- Start time and end time for telehealth encounter
- Patient location for the visit
- Provider location for the visit
- Names and roles of all participants
- Date the patient was last seen or was billed for correspondence to avoid date overlap with other billable services

#### Websites and Resources

- Informed Consent
  - AHRQ's Easy-to-Understand Telehealth Consent Form (Agency for Healthcare Research and Quality)



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- AHRQ's Making Informed Consent an Informed Choice: Training Modules for Health Care Leaders and Professionals (Agency for Healthcare Research and Quality)
- AHRQ's Telehealth Consent Teach-back Documentation (Agency for Healthcare Research and Quality)
- o <u>How to Obtain Consent for Telehealth</u> (Agency for Healthcare Research and Quality)
- <u>Telehealth.hhs.gov</u> (Department of Health & Human Services)
  - o <u>Licensure</u>

#### Coding and Reimbursement in Telehealth

Current Procedural Terminology (CPT) Codes for Telehealth

Codes	Procedural Terminology (CPT) Codes for Teleheal  Description	Details
99202- 99205	Outpatient E/M, New Patient	Level of service can be based on total time of the encounter or Medical Decision Making (MDM) (see Medical Decision Making Chart below) 99202: 15-29 minutes/straightforward MDM 99203: 30-44 minutes/low level of MDM 99204: 45-59 minutes/moderate level of MDM 99205: 60-74 minutes/high level of MDM
99211- 99215	Outpatient Evaluation and Management (E/M), Established Patient	99211: visit did not require the presence of a physician/other qualified health care professional (supervision)  Level of service can be based on total time of the encounter or MDM  99212: 10-19 minutes/straightforward MDM 99213: 20-29 minutes/low level of MDM 99214: 30-39 minutes/ moderate level of MDM 99215: 40-54 minutes/high level of MDM
99421- 99423	Online digital E/M service, established patient, for up to 7 days, cumulative time	99441: 5-10 minutes 99442: 11-20 minutes 99443: >21 minutes
99441- 99443	Telephone E/M services by a physician/qualified health care professional to established patient, parent, or guardian not originating from a related E/M service provided within previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment	99441: 5-10 minutes 99442: 11-20 minutes 99443: >21 minutes
99446- 99449, 99451, 99452	Interprofessional telephone/internet/electronic health record assessment and management service provided by a consultative physician or other qualified health care professional, including a verbal and written report to the patient's treating/requesting physician or other qualified health care professional (written only for 99451-99452)	99446: 5-10 minutes 99447: 11-20 minutes 99448: 21-30 minutes 99449: 30+ minutes 99451: 5+ minutes 99452: 30 minutes

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### Medical Decision Making (MDM) Chart

	Problems Addressed	Data to Review		Risk of Complications/ Morbidity/ Mortality	
2	Straightforward  o 1 self- limited/minor	Minin	nimal or none		Minimal
3	Low Complexity  2+ self- limited/minor  1 stable chronic illness  1 acute, uncomplicated illness or injury	Two points from:     Review prior extern note(s)     Review the result(s each unique test     Ordering of each unitest	requiri indepe histori	endent	Low
4	Moderate Complexity  One of the following:  1+chronic illness/ worse 2+stable chronic Undiagnosed/ uncertain Acute/ systemic symptoms Acute complicated injury	o Review te by	Independent terpretation of est performed y another nysician/QHCP	3. Discuss manageme nt or test interpretati on with external physician/ other QHCP/ appropriate source (not separately reported)	Moderate  Examples only:  Prescription drug management  Minor surgery w/identified patient/procedure risk  Elective major surgery  Diagnosis or treatment significantly limited by social determinants of health
5	High Complexity  1+ chronic illnesses/ severe exacerbation 1+ acute or chronic illness/ threat to life or bodily function	2 of the 3 categories from level 4		High  Examples only:  O Drug /intensive monitoring for toxicity  Major surgery w/ identified	



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		patient/procedure
		risks
	0	Decision regarding
		emergency major
		surgery
	0	Decision regarding
		hospitalization,
		DNR/de-escalate

Healthcare Common Procedure Coding System (HCPCS) G-Codes for Telehealth

Codes	Description Description Details		
G0406-	Follow-up inpatient consultation, communicating with	G0406: 15 minutes	
G0408	the patient via telehealth	G0407: 25 minutes	
		G0408: 35 minutes	
G0425-	Telehealth consultation, emergency department or	G0425: 30 minutes	
G0427	initial inpatient, communicating with the patient via	G0426: 50 minutes	
	telehealth	G0427: 70 minutes	
G2012,	Brief communication technology-based service, e.g.	G2012: 5-10 minutes	
G2252,	virtual check-in, provided to an established patient,	G2252: 11-20 minutes	
G2251	not originating from a related E/M service provided	G2251: 5-10 minutes (non-E/M	
	within the previous 7 days nor leading to an E/M	provider)	
	service or procedure within the next 24 hours or	,	
	soonest available appointment		
G2061-	Qualified non-physician health care professional	G2061: 5-10 minutes	
G2063	online assessment and management, for an	G2062: 11-20 minutes	
	established patient, for up to 7 days, cumulative time	G2063: >21 minutes	
	during the 7 days (i.e. physical therapist,		
	occupational therapist, speech language		
	pathologists, clinical psychologists)		
G2212	Prolonged office or other outpatient evaluation and	G2212: >89 minutes for new patients;	
	management service(s) beyond the maximum	>69 minutes for established patients	
	required time of the primary procedure which has		
	been selected using total time on the date of the		
	primary service		
	primary service		

Codes Related to Remote Patient Monitoring

Codes	Description	Details
0811T- 0812T	- Remote multi-day complex uroflowmetry (e.g., calibrated electronic equipment); set-up and patient education on use of equipment -device supply with automated report generation, up to 10 days	
98975- 98978	Remote therapeutic monitoring (e.g., therapy adherence, therapy response)	
99091	Collection and interpretation of physiologic data (e.g., electrocardiogram, blood pressure, glucose monitoring) digitally stored and/or transmitted by the patient and/or caregiver to the physician/qualified health care professional, minimum of 30 minutes, each 30 days	



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99453 99454	- Remote monitoring of physiologic parameter(s) (e.g., weight, blood pressure, pulse oximetry, respiratory flow rate), initial; set-up and patient education - device(s) supply with daily recording(s) or programmed alert(s) transmission, each 30 days	Minimum 16 days
99457- 99458	Remote physiologic monitoring treatment management services, clinical staff/physician/other qualified health care professional time in a calendar month requiring interactive communication with the patient/caregiver during the month	99457: 20 minutes 99458: additional 20 minutes

Code Modifiers for Type of Telemedicine Service and Place of Service Description

Modifiers	Place of Service
95: Synchronous telemedicine service rendered	02: Telehealth provided other than in patient's
via real-time interactive audio and video	home
telecommunications system	
	10: Telehealth provided in patient's home
93: Synchronous telemedicine service rendered	
via telephone or other real-time interactive audio- only telecommunications system	21: Inpatient hospital
	23: Emergency room hospital
GT: via interactive audio and visual	
telecommunications systems (CMS: patient at originating site)	
GQ: Asynchronous telemedicine service	
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<sup>\*</sup>Coding information valid as of December 2, 2023

#### Websites and Resources

- American Urological Association Coding Resources
  - o AUA Coding Resources and Information
- Telehealth.hhs.gov (Department of Health & Human Services)
  - o Billing and Coding Medicare Fee-for-Service Claims